

Sycamore Sage

The Preserve may be closed during and after heavy rains. For your safety, please observe all closure notices.

Park hours are: April - Sept
(8 a.m. - 7 p.m.);
Oct- March (8 a.m. - 5 p.m.)
For more information, call
the Visitor Center at
858-513-4737.

The Friends of Goodan
Ranch/Sycamore Canyon
are on the web:
GoodanRanch.Org

Board members of Friends of Goodan Ranch & Sycamore Canyon Open Space

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Newsletter

Rita Lee

THE PRESIDENT'S MESSAGE

December 1, 2019

In 1997 when my husband and I bought our home in Poway I discovered a nearby park called Goodan Ranch and Sycamore Canyon. At the time we were still living in Indio, CA. I was then a volunteer in the Education Department of The Living Desert. The curator of Education was Sue Adams. When I mentioned this park to her she became animated. This was the home of her Grandparents!



Through Sue I was introduced to family and enjoyed hosting visits of Doug and Eunice Goodan, Mary Elena Goodan and other family and friends at the ranch. Throughout their lifetime they supported The Friends with physical (many of the items on display in the visitors Center) and monetary donations. Douglas died January 17, 2009. Eunice died October 3, 2019.

I included more of the family history in my book *Goodan Ranch and Sycamore Canyon; A History of the Land; Then and Now* published in 2008. Copies of this book can be obtained at the Visitor's Center and at the Poway Historical and Memorial Society Museum or by sending checks to:

The Friends of Goodan Ranch
% Carol Crafts
13030 Birch Lane
Poway CA 92064

Now is a good time to visit the ranch while our cool and dry weather continue. Happy Holidays.

Carol

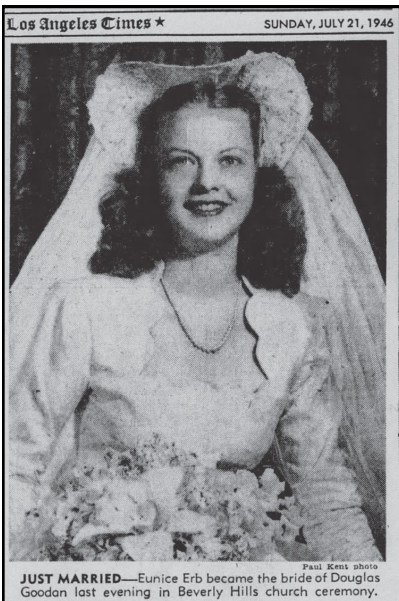
Eunice Erb Goodan

1925—2019



Eunice Margaret Erb Goodan was born on December 20, 1925 in Los Angeles, CA. She passed away on October 3, 2019.

Eunice Erb was the daughter of Arthur L Erb, a successful San Francisco Attorney, Municipal Judge in Beverly Hills, and then Mayor of Beverly Hills. She graduated from Marlborough School, the oldest independent girls' school in Southern California, in 1943. Eunice graduated from Stanford University in 1946, the same year she married Douglas Goodan. Together she and Douglas operated Hoover Real Estate, the leading real estate firm in the Los Feliz and Silverlake areas during the second half of the 20th century. They formed the CrimeWatch and Los Feliz Improvement Assn during those years.



Eunice & Douglas celebrated 62 years of marriage, before his death in 2009. They are survived by their 3 children, William Arthur, Sarah Margaret, and Harry Chandler Goodan and their families.

Eunice lived her entire life in Southern California. She was a long-time docent at the Los Angeles Museum of Natural History, helped to develop the Junior Arts Center at Barnsdall Park and over many years she participated in many philanthropic organizations in the greater Los Angeles Area. She was President of the the Los Angeles Art Commission,



where she was a staunch defender of green spaces in Los Angeles. Most recently she was a Governor Emeritus at the Huntington Library, Art Museum and Botanical Gardens. Eunice also enjoyed traveling, attending classes at UCLA and, she loved to read, especially books about world history.

Mrs. Goodan made visits to the Poway Goodan Ranch/Sycamore Canyon Preserve several times and was closely interested in its preservation and history. We will remember her smile and generosity to us.

What the heck is that spider?

With the recent rainfall and onset of cooler temperatures, many San Diego neighborhoods are seeing an increase of arachnids (spiders) in their gardens. One of those you may be lucky enough to see, (if you like spiders), is the California Trapdoor Spider. During this time of year the males go roaming for mates and will also appear on the surface in response to being flooded out of their burrows.

California Trapdoor Spiders are native to Southern California. In many ways, they resemble smaller versions of tarantulas, but with shiny, hairless bodies with hairy legs. They reach up to 3 inches across. The whole spider is black except for the rusty brown abdomen. The large, round cephalothorax has a deep dimple in the center of it. The chelicerae (jaws) have spines on them that help this species with digging underground burrows. As is the case with most spiders, the female California



Trapdoor spider is larger than the male. . The slightly smaller males rear up on their hind legs, exposing their fangs to perceived threats. The bite of these spiders is painful, but not considered medically important.



Each year, the first rains of the season trigger the mating instinct of the male California Trapdoor Spider who leaves his burrow and wanders in search of a mate. Females lay their fertilized eggs at the bottom

of the burrow. Once spiderlings hatch, they leave the burrow, sometimes sooner rather than later thanks to heavy rains.

These burrows can be more than 7 or 8 inches deep and serve as both a home and a trap. The top of the burrow opening is covered with a silk door that is hinged. Trapdoor spiders never re-use the disused burrow of another spider, and they use the same burrow for their entire life, which can be many years. As time passes, the spiders add more silk webbing to their doors. They may also collect debris and loose leaf litter, helping to camouflage its existence. The spider prefers to build its nest on sunny south-facing dry hillsides, which in the spring bear a thick covering of short grasses and low herbs that is likely to attract insects. Under this door, the spider waits and, when it senses oncoming prey, it quickly lunges out of its burrow and catches the ant or other insect it has caught. The spider quickly pulls the prey down into the trap and restrains it in the burrow by both the spider's body as well as silk-covered walls inside the burrow. The prey is eaten leaving no warning above for future passersby.

ELECTRIC-ASSIST MOUNTAIN BIKES

Trail Etiquette Guidelines

Electric-assist mountain bikes (eMTBs) are like traditional mountain bikes, but with a pedal assist.

Current Class 1 eMTB models (a bicycle with fully operable pedals, and an electric motor under 750 watts that must be pedaled to activate the motor and that ceases to provide power at 20 mph) can handle extended adventures on natural-surface trails and allow riders to ride longer. Many models offer the same qualities of suspension and responsiveness that traditional mountain bikes provide.

» WHERE CAN I RIDE MY eMTB?

Although eMTBs are very similar to traditional mountain bikes, the addition of a pedal assist means that land managers may regulate them differently than traditional mountain bikes. For example, although eMTBs are not motorized vehicles in the same vein as a motorcycle and maximum power output of eMTBs does not exceed the range of human capability, trails designated only for non-motorized use are usually off-limits to eMTBs.

eMTB rules and regulations are in a state of flux, and some land managers are considering revising access regulations based on a better understanding of eMTBs and their technology.

Be responsible trail users and keep these principles in mind:

- » On federal, state, county and local trails, eMTB access varies significantly.
- » Generally speaking, any natural-surface trail designated for both motorized and non-motorized use is open to eMTBs. There are over 300,000 miles of singletrack, doubletrack and natural surface roads accessible to motorized users.
- » eMTBs may not be allowed on trails managed for non-motorized activities.
- » When in doubt about what uses are allowed, contact the local land manager for clarification. Local land rules change frequently.



WHY eMTBS?

- » eMTBs allow increased access to the outdoors for riders of varying skill levels.
- » eMTBs help people of different skill levels ride together. The average eMTB rider is no faster than the fastest mountain bike rider.
- » The impacts to trails from Class 1 eMTBs and traditional mountain bicycles are not significantly different.
- » eMTBs makes longer distance trail experiences viable by bike, and extend the range of trips where a bicycle can be used.
- » eMTBs are emissions-free, low impact and operate silently.

Learn more at [PeopleForBikes.org/e-bikes](https://peopleforbikes.org/e-bikes).



peopleforbikes

PeopleForBikes.org

ELECTRIC-ASSIST MOUNTAIN BIKES: *Trail Etiquette Guidelines*

» WHAT IF I WANT TO RIDE MY eMTB ON A TRAIL THAT SAYS "NO MOTORIZED ACCESS" OR "NO MOTOR VEHICLES?"

- » Do not ride your eMTB in areas where the local rules are unclear. Ride legally and only on authorized trails to show that mountain bikers are all responsible users.
- » Ask your local land manager about access to specific trails.

» LAND MANAGER TOOLS

Managing this new category of trail users takes research and information to help land managers protect decades of trail access victories and improve relationships with other trails users. The International Mountain Bicycling Association (IMBA), PeopleForBikes and the Bicycle Product Suppliers Association (BPSA) have coordinated on a number of documents that will help land managers make appropriate access decisions:

- » A study of the impacts, both environmental and social, that eMTBs can have on natural-surface trails and trail users.
- » A survey of land managers on their experience with eMTBs.
- » A survey of users on their opinions of eMTBs.
- » An inventory of where eMTBs are currently allowed on federal and state public lands.

PeopleForBikes and the BPSA continue to collaborate with federal, state and local land managers, IMBA, advocates, riders and other stakeholders to improve understanding of and access for eMTBs. This work includes partnering with MTB Project to develop a map of legal eMTB trails that will be available in late summer 2016.



» WHAT CAN I DO TO GET ACCESS TO A TRAIL IN MY AREA?

- » Work with your local trail advocacy group and ask your local land manager if they would consider opening a particular trail or section of trail to eMTBs. Explain that eMTBs are more like traditional mountain bikes than motorcycles and that eMTB riders ride much like regular mountain bikers, at very similar speeds, and do not cause additional trail damage.
- » Work with the land manager to address concerns, but express that there is a growing constituency of eMTBers in the area who would like to see better access.
- » Arrange a demo for land managers through your local retailer.
- » Contact IMBA and PeopleForBikes to let them know that you would like better access for eMTBs or if you know of a land manager doing good things for eMTB access.

Learn more at PeopleForBikes.org/e-bikes.

eMTB RIDING ETIQUETTE

IMBA's "Rules of the Trail" help recreational users get along on shared-use trails. These guidelines are the same for eMTBers as for traditional mountain bikers:

» Ride open trails only

Respect motorized/non-motorized trail use regulations and ask a land manager for clarification if you are uncertain about the status of a trail.

» Leave no trace

When the trail is soft or wet, consider other riding options. Stay on existing trails and don't create new ones. Pack out at least as much as you pack in.

» Yield appropriately

Let your fellow trail users know you're coming and try to anticipate other trail users as you ride around corners. eMTBers should yield to all non-motorized users, regardless of the direction they are traveling.

» Ride responsibly

Respect all speed regulations and recommendations, and ride within your limits.

» Never scare animals

An unannounced approach, a sudden movement or a loud noise easily startles animals, including horses and cattle. Give animals enough room and time to adjust to you.

» Plan ahead

Know your equipment, your ability and the area in which you are riding and prepare accordingly.



peopleforbikes

PeopleForBikes.org

FRIENDS OF GOODAN RANCH & SYCAMORE CANYON OPEN SPACE, INC. - BOARD MEETING

Board Meeting Monday, November 4, 2019

Meeting Location: Poway Historical Society

Attending: Carol Crafts, Phoenix Von Hendy, Terry Callan, Robert Laudy, Maureen Abare-Laudy

Not in attendance: Ann Tipps, Cathy Overy, Mike Overy, Barbara Lerma

Guests: Louis Chertkow

Meeting start time: 7:08 pm

Reports:

Secretary's report

Minutes from August 12 meeting published in September Sage

Minutes were approved as published

Treasurer's report

Checking - \$6605

Savings - \$10,916

Total - \$17,521

Terry also reported that Eunice Goodan passed away on October 3rd. The Friends of Goodan Ranch are a designated beneficiary of Doug and Eunice Goodan's living trust (Doug passed away a couple of years ago), and will be receiving funds from the trust.

Ranger's Report

Staff has been on fire watch and checking everything closely. No damage to the park from the winds. Roads have been kept graded and watered down for dust. SDG&E has been working hard at maintaining their equipment though the winds. Staff also worked with Poway Fire Department, showed them around the Preserve and gave them a key to the gate. Usage of the Preserve is up, bikers, hikers and equestrians. A mountain bike race is coming up on December 8th. Planted trees are being watered and the older ones have been staked. The Preserve recently got a new water buffalo, and a new truck. Most of the trees are on drip irrigation, but the water buffalo is a huge help for those that aren't. Staff has been blocking unwanted trails, and have been putting up fencing and signage. Drinkers are being filled daily because the deer are drinking so much water. The GIS department has been conducting drone training up on Highway 67, but they stay close to 67.

Tracking Report

The Sycamore Canyon survey was done on Friday, November 1. Ranger Patrick Weiner joined us to help with the survey. We were not expecting much because of the high winds two days prior to the survey, but we actually found quite a number of tracks; lots of deer, and also tracks from raccoon, coyote, kangaroo rat, and spotted skunk. We found lots of fresh roadrunner scat, although no roadrunner tracks. Vegetation has died back and we were able to find most of the woodrat nests for the first time in more than 6 months. Most of the deer tracks were found in Sections 1, 3, and 4 this period. This is the first time in over a year that we have seen much deer activity in Section 4.

JPA

At the recent JPA meeting, motorized bikes were discussed. A federal court recently ruled that ebikes are bicycles, not motorcycles, because they can be operated manually. There is a one-year trial of motorized bikes at all County Parks, but they are limited to certain roads, and not allowed on narrow trails.

PAP

Anna Prowant is our representative now. Environmental analysis is in progress and more info will be forthcoming once enviro and CEQA documentation is completed.

Unfinished Business:

The Poway Rotary Parade was held on September 7 this year. Carol Crafts and Phoenix Von Hendy represented the Friends in the Parade. Many thanks to Phoenix's boyfriend, Howard Van Arum, for lending his minivan for us to drive in the parade.

New Business:

The rare plant meeting is this coming Thursday, November 7th, to summarize 2019 surveying.

Next Newsletter will be out on December 1, 2019

Next Board Meeting is Monday, February 10, 2020

Meeting adjourned at 8:16 pm



Goodan Ranch Staging Area

16281 Sycamore Canyon Road, Poway, CA 92064

Hours: 8 a.m. – 7 p.m., April – Sept.

8 a.m. – 5 p.m., Oct. – March

Pedestrian access is available from sunrise to sunset, daily.

The Goodan Ranch staging area is accessed from Poway Rd. east on Garden Rd, then south on Sycamore Canyon Rd. Sycamore Canyon Rd. ends at parking lot.

Highway 67 Staging Area

13920 Highway 67, Lakeside, CA 92040

Hours: 8 a.m. – 5 p.m., daily

Pedestrian access is available from sunrise to sunset, daily

The Highway 67 staging area is accessed through SOUTHBOUND Highway 67 only, half a mile south of Scripps Poway Parkway.

(Please see county web site for more information)

ALLOW ½ HOUR TO PARK AND WALK TO THE VISITOR'S CENTER.

No vehicular traffic is permitted in the Preserve. Transportation for those with disabilities can be arranged, by calling the **Ranger** at **(858) 513-4737**.

The Park's website is www.sd parks.org.

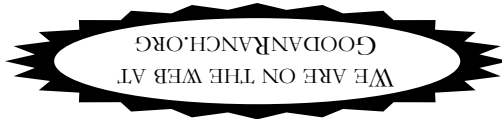
The Preserve may be closed during and after heavy rains.

For your safety, please observe all closure notices.

Please see San Diego County website for more information on events.



**Friends of Goodan Ranch
&
Sycamore Canyon Open Space**
Webpage—GoodanRanch.org
Facebook—Goodan Ranch
Email—FriendsofGoodanRanch@gmail.com



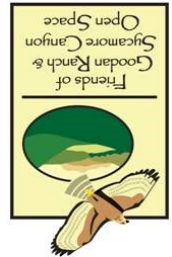
Please enroll me as a member of Friends of Goodan Ranch & Sycamore Canyon Open Space.

Date _____
Name or Business _____
Contact Name _____
Address _____
City, State, Zip _____
Phone _____
Email _____

Please select your membership level

- ☐ •\$ 25 Individual
☐ •\$ 20 Student /or/ Senior -62 and above
☐ •\$ 40 Family
☐ •\$ 50 Small Business
☐ •\$ 100 Patron
☐ •\$1,000 Lifetime Member

The Sycamore Sage
103030 Birch Lane
Poway, CA 92064



Fill out the requested information & mail it with your check to:

**Friends of Goodan Ranch & Sycamore Canyon
Memberships
13030 Birch Lane
Poway, CA 92064**